

A Perfect World for Resilient Kids

Do you know people who are trying to create a perfect environment for their children? Are they more concerned about getting the world to adjust to their kids than they are about helping their kids learn to cope with and deal with the world as it exists today?

In spite of the efforts of many to create a perfect country where no one will ever be offended, where bad decisions will have limited consequences, where good outcomes are guaranteed regardless of effort and sacrifice, and where kids never have less than the neighbors' kids, our kids are still living in a world that requires effort and resilience.

Our love for our kids tempts us to do all we can to make their childhood better than ours. It tempts us to try to eliminate disappointment, struggle, and inconvenience from their lives.

Each day we need to remind ourselves: Whose needs are being met when we attempt to guarantee that our kids are never disappointed, never get less than an "A" grade, never have to struggle, never take risks, never fail, and never have less than the neighbor kid?

Is it my job to make the world adjust to my kids, or is my job to help my kids develop resilience so that they can fit into a world they're going to face?

Trying to create perfect environments for our children is about as successful as creating perfect children. In my eyes, to think otherwise is a delusion.

It takes great courage to be a parent. Love and Logic's all-time favorite audio is, Helicopters, Drill Sergeants and Consultants. Listening frequently will help you build that courage.

Thanks for reading! Our goal is to help as many families as possible. If this is a benefit, forward it to a friend.

Jim Fay